



Save the Date

March 28-29, 2025

2025 Spring EMDR Workshop

Location

KU Edwards Campus
12604 Quivira Road
BEST Conference Ctr
Overland Park, KS
OR
Zoom

Hybrid Event – Attend In-Person OR Virtually

Polyvagal Theory & EMDR

Discover how to integrate Polyvagal-informed interventions across all eight phases of EMDR therapy to enhance client outcomes by leveraging the social engagement system. This invigorating workshop will leave you feeling inspired and clinically revitalized.

Meet Our Presenter

Rebecca Kase is a force of nature. Her warmth and authenticity make her a natural teacher and leader. She is an **LCSW, yoga instructor, and EMDR trainer and consultant**. Rebecca owns Kase & CO, an EMDR training and consultation business. She is an **internationally recognized EMDR and Polyvagal expert**, and the author of *Polyvagal-Informed EMDR (2023)* and the *Applied Polyvagal Flipchart (2024)*. **Her lectures are refreshingly informative and dynamically engaging.**

Rebecca has been practicing in the field of trauma counseling since 2006. She is an expert in working with complex trauma and dissociation and has practiced in both **nonprofit and private practice** settings. In her own therapy practice, Rebecca incorporates **yoga therapy, ego states, somatic approaches, Polyvagal Theory** and **EMDR** into her work with clients, which includes veterans and adults with Complex PTSD.

Rebecca lives in Washington state with her husband and four fur babies.



Rebecca Kase, LCSW, RYT
EMDR Consultant & Trainer

Gray Matters Therapy Workshops, LLC

Michelle Anspaugh, LCMFT, LPC and Susan Wulff, LPC

www.graymatterstherapyworkshops.com

info@graymatterstherapyworkshops.com